

## Light, Sound and Color

According to the Book of Genesis, in the beginning God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. And God said, "Let there be light", and there was light. God saw that the light was good and he separated the light from darkness. God called the light "day", and the darkness He called "night." And there was evening and there was morning the first day!

Science tells us that the creation of our universe began with a Big Bang! Webster's dictionary describes the word bang as a loud, sudden, explosive noise. Therefore, common belief suggests that all of creation began with light and sound. From that light and sound came the colors of creation. Stars, planets and gas clouds were formed in vast arrays of colors, shapes and sizes with various chemical combinations that eventually spawned the building blocks of all biological life including us!

As Carl Sagan said, "We are star stuff"!

At the center of all independently thinking life forms is that same light, that tiny spark of energy that ignited all of creation. That means that all life is precious and should be revered, even if it is not appreciated! Because all living creatures that move independently of their own will contain the same spark of light we call life that exist in us!

Everything in the universe is made of atoms and molecules that vibrate and resonate at various frequencies. On a molecular level we are connected to everything!

Everything we see, experience or that exists is part of us. And EVERYTHING IS ALIVE!

And it all started with light, sound and color!

The greatest minds in history have pondered the properties of light, sound and color. Sir Issac Newton, being enthralled by the way pure sunlight entered a prism and created a spectrum of colors, was the first known to create a color wheel, still used today.

Albert Einstein used physics to uncover some of the greatest mysteries of light, sound and color. He discovered that human beings are electrical machines that resonate at different frequencies. The music of our colors!

Light is WHAT we are!

Sound is the expansion of what we are into WHO we are.

Color is the effect of what and who we are on the universe and how the universe perceives us.

Considering these principles we now know that light, sound and color can be used to connect with the essence of what we really are to heal and enhance our spirit so we can be wonderful and let our colors sing the music of the universe.

# NEWTON COLOR WHEEL

Color Wheel

